



Authentic
Lebanese cuisine
and dance to enjoy
and share!



Join **Wafaa Powell** on a mini cultural journey to experience the magic of the East with your friends and family

Lebanese cuisine is influenced by the Mediterranean and is considered as one of the healthiest and most versatile in the world. Using fresh ingredients, each dish is aromatic and is rich in delicate flavours – tasty and healthy but not hot and spicy.

- Food can be prepared in your home or your chosen venue; You take part in the preparation as you socialize
- Or I can cater for you, providing finger food/buffet for up to about 100 guests
- And then there are my cookery classes...



For special occasions with a difference...

GIFT
VOUCHERS
AVAILABLE

- Birthday parties, Family occasions and get-togethers
- Hen parties with a difference
- Christmas parties
- Pre-university parties
- Cultural awareness sessions in schools or social groups
- Combinations of food and dance for social groups
- Corporate events - eg team building or training days

Please call, email or visit my website for full details...

WAFAA POWELL

T 01225 355 072 | **M** 07763 930 199 | **E** wafaa@dancingflavours.co.uk

f Wafaa Dancing Flavours | **www.dancingflavours.co.uk**

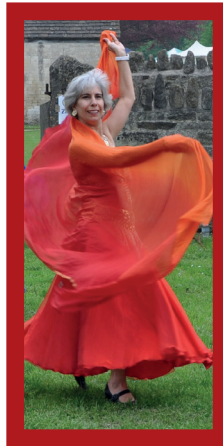


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Belly Dancing is for women of all ages, shapes and sizes promoting many health benefits including circulation, posture, strengthening the core, helping to trim the waistline and learning graceful body movements. It also helps to build body confidence.

- No dressing up required
- Just wear comfortable clothing and bring some water
- Classes are held weekly in Bath and Trowbridge



For that fun
occasion with
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Plus

Talks about the Life of a Woman in Lebanon and in the Arabic world.

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